



10 Asks by Youth HEALTH LITERACY

1

Close the gaps:

addressing individual's and community's needs for health information and behaviour that drives information usage

2

Enhance basic education:

developing essential health literacy skills of children and young people in schools to promote their wellbeing

3

Shift the mindset:

establishing health literacy as a basis for all health promotion interventions

4

Include the voices of youth:

involving youth in creating health messages and wellbeing promotion

5

User experience:

promoting youth-friendly and palatable health information for easier consumption and understanding

6

Tackle digitization:

advancing digital health literacy in regards to health information and digitalized healthcare processes

7

Capacity for life:

continuously building health literacy skills

8

Data on hand:

providing easily accessible evidence-based health information

9

True or false:

utilizing health literacy as a tool to fight misinformation and fake news

10

Support the role of experts:

ensuring comprehension of health information connected to prevention, treatment and rehabilitation

