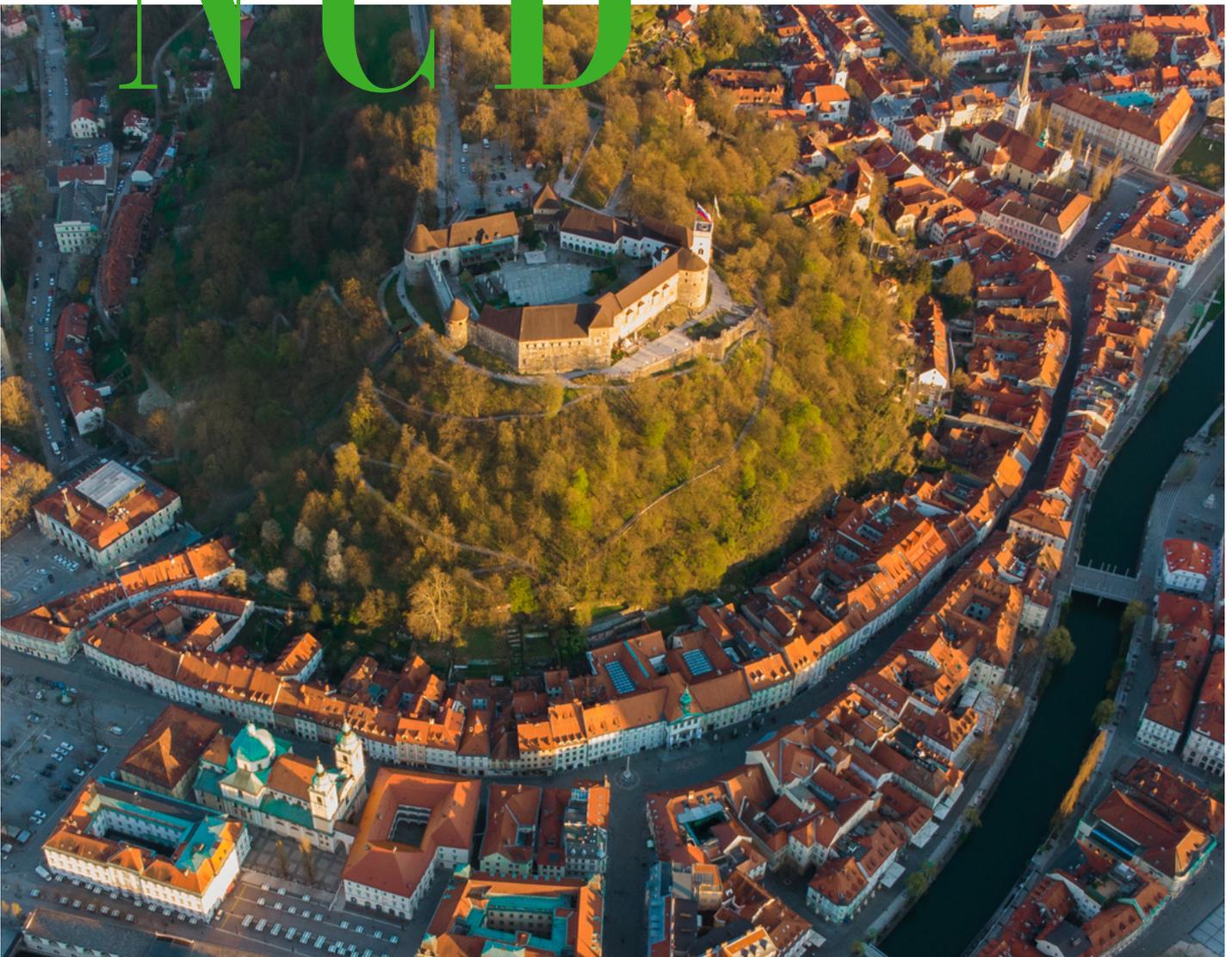


S E C O N D  
N C D YOUTH  
CONFERENCE



**ORGANIZED  
BY YHO**

International Youth  
Health Organization

**29 AUGUST –  
1 SEPTEMBER 2022**

(excluding traveling days)

**M HOTEL,  
LJUBLJANA**

Slovenia

# ABOUT

The NCD Conference aims to bring together the Public Health and Youth sectors to **ensure better working and living conditions** for young people in Europe.

Primarily, we would like to empower youth workers and leaders to set up a healthy environment for their constituents locally.

At the conference, we will address the health literacy aspect in the context of NCDs.



The idea of the conference is to bring together between 80 and 100 **public health professionals, youth workers, youth leaders, and young people** from across Europe, who are interested in increasing health literacy in the context of NCDs.

## TRAVEL

We suggest checking flights to the following airports: **Ljubljana, Zagreb, Venice, and Trieste**. Vienna, Graz, or Klagenfurt are also suggested options. For the shuttle from the airport to the venue, we suggest using GoOpti. Before buying the shuttle, please let us know and we will provide you with a **10% discount code**.

Ljubljana is well connected with international railways and bus lines, including Flixbus. If you are traveling by car, costs will be reimbursed based on provided receipts for petrol and tolls.

Each participant or partner organization is responsible for buying the tickets. Upon providing all the necessary proofs (tickets, invoices, boarding passes, etc.), YHO will reimburse the cost of traveling based on the Erasmus+ calculation.

ACCOMMODATION  
AND FOOD

Accommodation and meals will be provided directly by YHO at the venue in M Hotel. Participants will be staying in triple rooms divided based on gender indicated in the application.

Time	Day 1	Day 2	Day 3				
	28. August	29. August	30. August				
		Breakfast	Breakfast				
9:00 – 9:15	ARRIVAL DAY	Transport to House of the EU and Registration	Soft Skills Training 1 (Communication and Empathy - Mojca Č)	Soft Skills Training 2 (Nina KL)	Soft Skills Training 3		
9:15 – 9:30							
9:30 – 9:45		Welcome	Introduction to Health Literacy	Break			
9:45 – 10:00							
10:00 – 10:15		Opening Plenary: Health Literacy in the Context of NCDs (Part 1)	Break	Mental Health Literacy (Katja)			
10:15 – 10:30							
10:30 – 10:45		Break	Opening Plenary: Health Literacy in the Context of NCDs (Part 2)	Lunch			
10:45 – 11:00							
11:00 – 11:15		Lunch	Plenary: Health & Marketing	Health Literacy & Alcohol, Tobacco and Other Substances (Jan P)	Health Literacy & Environmental Health and Climate Change (Tomaz G + Katja?)	Health Literacy & Nutrition and Physical Activity (Urška E)	
11:15 – 11:30							
11:30 – 11:45		Break	Plenary: Nutrition and Physical Activity	Break			
11:45 – 12:00							
12:00 – 12:15		Opening Plenary: Health Literacy in the Context of NCDs (Part 2)	Plenary: Substance Abuse	Workshop 1 Research Stream (Research Methods to Support your Project)	Workshop 2 Project Management Stream (Increasing campaigning Engagement and Impact)	Workshop 3 - Advocacy Stream (Declaration on Health Literacy)	
12:15 – 12:30							
12:30 – 12:45		Lunch	Break	Daily Evaluation & Reflection			
12:45 – 13:00							
13:00 – 13:15		Lunch	You4Health Multiplier Side Event	Food Systems Manifesto Parallel Event	Dinner		
13:15 – 13:30							
13:30 – 13:45		Plenary: Health & Marketing	Daily Evaluation & Reflection	Dinner			
13:45 – 14:00							
14:00 – 14:15	Plenary: Nutrition and Physical Activity	Daily Evaluation & Reflection	Dinner				
14:15 – 14:30							
14:30 – 14:45	Plenary: Substance Abuse	Daily Evaluation & Reflection	Dinner				
14:45 – 15:00							
15:00 – 15:15	Break	Daily Evaluation & Reflection	Dinner				
15:15 – 15:30							
15:30 – 15:45	Break	Daily Evaluation & Reflection	Dinner				
15:45 – 16:00							
16:00 – 16:15	You4Health Multiplier Side Event	Food Systems Manifesto Parallel Event	Dinner				
16:15 – 16:30							
16:30 – 16:45	Plenary: Health & Marketing	Daily Evaluation & Reflection	Dinner				
16:45 – 17:00							
17:00 – 17:15	Plenary: Nutrition and Physical Activity	Daily Evaluation & Reflection	Dinner				
17:15 – 17:30							
	Dinner	Dinner	Dinner				
	Get to know each other	Pub Quiz	Intl. Night				

# PROGRAM

Time	Day 4			Day 5	Day 6
	31. August			1. September	2. September
	Breakfast			Breakfast	Breakfast
9:00-10:30	Workshop 1	Workshop 2	Workshop 3	WHO Simulation	DEPARTURE DAY
10:30-11:00	Break				
11:00-13:00	Workshop 1	Workshop 2	Workshop 3	Break	
				Health Literacy in Global Context (Reflection)	
13:00-14:00	Lunch			Closing Plenary	
				Launch of Youth Health Literacy Alliance (+ Youth Declaration)	
14:00-15:30	Health as a Human Right	The Role of Stakeholders in the field of Health Literacy	Health Literacy and Youth Work	Lunch	
15:30-15:45	Break				
15:45-17:15	Soft Skills Training 1	Soft Skills Training 2	Soft Skills Training 3	Free time	
17:15-17:30	Daily Evaluation & Reflection				
	Dinner			Optional Dinner	
	Participant night (connected to Project Management)			Free night	

# PROGRAM

# THEME

The theme of the 2nd NCD Youth Conference is "**Health Literacy in the Context of NCDs**".

Participants will get to explore different aspects of health literacy throughout the program, interact with the topic in a multitude of ways, build their skills connected to a better understanding of health-related data and information for health prevention and promotion, as well as learn about NCDs through the lens of health literacy.



Co-funded by the  
Erasmus+ Programme  
of the European Union

The event is supported by the Erasmus+ program and the European Youth Foundation and endorsed by the WHO Country Office in Slovenia.

COUNCIL OF EUROPE



CONSEIL DE L'EUROPE

