

**1st European NCD Youth Conference
Portorož, December 2019**

Preliminary programme

Agenda

	6th Dec	7th Dec	8th Dec	9th Dec
Morning	Plenary session on Youth Health ¹	Parallel Sessions on Youth Health ²	Workshops on Advocacy, Research and Project development ⁴	Plenary on Digital Marketing and Health ⁵
Afternoon	Presentations of participating organizations	Sessions on Management and Soft skills ³	YHO General Assembly	
	Networking			

Short descriptions of the sessions:

¹Plenary session on Youth Health

Participants will hear presentations from leading experts and institutions on the context and background of youth health.

²Parallel sessions on Youth Health

Participants will be able to choose and dive deeper into the following topics and how they relate to young people: alcohol, tobacco, nutrition, physical activity, sexual & reproductive health, environmental health, mental health.

³Parallel sessions on Management and Soft Skills

Participants will be able to choose among the following: public speaking, conducting effective meetings, how to network, digital youth work, financial management, negotiations skills, how to set up a healthy youth organization, personal leadership, effective team-work.

⁴Workshops on Advocacy, Research and Project Development

Participants will have the opportunity to acquire skills on either of the three topics and will develop their own initiatives in the field of Youth Health. The trainers will guide them through the planning process and mentor them on the implementation.

⁵Plenary on Digital marketing and Health Co-hosted by EPHA

Participants will learn about the background of Digital Marketing and how it connects to health. Leading experts and representatives of different stakeholders will present what challenges lay in the realm of Digital Marketing for Health and how to address them.

The final version of the programme will be published in the 2nd half of November.

